



Northwest Senior and Disability Services

Serving Clatsop, Marion, Polk, Tillamook, and Yamhill Counties

Yes, I'm interested!

Tell me more about your volunteer opportunities!

Name _____

Email Address _____

Home Phone _____ Best time to call _____

Cell Phone _____ Best time to call _____

County of Residence

Clatsop – Warrenton office

Marion – Salem office

Marion – Woodburn office

Polk – Dallas office

Tillamook – Tillamook office

Yamhill – McMinnville office

I am interested in:

Peer Mentoring

SHIBA

Senior Dining Mealsites

Meals on Wheels

Oregon Money Management

Advisory Council

I'm not sure, but would like to learn more.

Return form to Zaira Flores by:

Email: zaira.flores@nwsds.org

Mail: 3410 Cherry Ave. NE, Salem OR 97303