



## **Dementia Care Conversations 2022**

Dementia Care Conversations is a free group for unpaid caregivers providing support to a loved one living with dementia. The group is offered by the Family Caregiver Support Program at NorthWest Senior and Disability Services.

The focus of the group is to provide dementia care information, training and resources. Caregivers will also have the opportunity to provide support to each other while they discuss their dementia care questions, frustrations, concerns and successes.

**The group meets via Zoom the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of each month from 3-4 p.m.**

**To register** please contact Julie Mendez at 503-304-3432 or [julie.mendez@nwsds.org](mailto:julie.mendez@nwsds.org)

Caregivers will be asked to provide information about themselves and the person they provide care to when registering for this group or other services offered by the Family Caregiver Support Program. This information helps to support the funding we receive.



Northwest Senior and Disability Services  
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