



## **HOPE Senior Peer Mentor Program**

Senior Peer Support Mental Health  
In Polk, Marion, and Yamhill Counties

Thank you for participating in the HOPE Senior Peer Mentor Program!  
We trust your experience was one which will leave you with hope and the skills to continue your journey toward recovery.

At any time, if you feel the need to reconnect with a HOPE Senior Peer Mentor, please contact our Aging and Disability Resource Connection (ADRC) at 503-304-3420 to re-enter the program. Below, you will also find contact information for the local crisis line which will be able to support you in the event of a mental health crisis.

Again, thank you for allowing us the opportunity to support you through this difficult time in your life and we wish you well as you continue to grow and heal.

### **If you have an immediate/crisis concern you may call:**

Psychiatric Crisis Center (24-hour crisis support)  
1118 Oak St. SE  
Salem, OR 97301  
503-585-4949

### **If you would like to speak to someone directly about the Senior Peer Mentor Program, please contact:**

Chad Cox, LCSW  
HOPE Senior Peer Mentor Supervisor  
503-304-3414  
Email: [chad.cox@nwsds.org](mailto:chad.cox@nwsds.org)