

## Support Groups – Clatsop County

### Caregiver Support Group

**Where:** NorthWest Senior & Disability Services – NWSDS  
2002 SE Chokeberry Ave., Warrenton, OR 97146

**When:** 3<sup>rd</sup> Tuesday of each month, 1:30-3:00 p.m.

**Contact:** Suzanne Bjaranson at (503) 861-4202 or [suzanne.bjaranson@nwsds.org](mailto:suzanne.bjaranson@nwsds.org)

### Grief Support Group

**Where:** CMH, Lower Columbia Hospice office, Park Medical Building  
West, 2120 Exchange St., Ste. 203, Astoria, OR 97103

**When:** 3<sup>rd</sup> Thursday of each month, 4:30-6pm

**Contact:** Jeanette Johnson, 503.338.6230, [jjohnson@columbiamemorial.org](mailto:jjohnson@columbiamemorial.org)

### Women Heart Disease Support Group

**Where:** CMH, Coho Conference Room, 2nd Floor,  
Duncan Law Building, 2121 Marine Dr., Astoria, OR 97103

**When:** 3<sup>rd</sup> Wednesday of each month, 6:30-7:30pm (no December meeting)

**Contact:** Michele Abrahams, 5003-338-8435, [WH-NothOregonCoast@womenheart.org](mailto:WH-NothOregonCoast@womenheart.org)

### Brain Tumor Support Group – Virtual

**Where:** Providence Seaside Hospital, virtual/online

**When:** Every Tuesday, 10-11am

**Contact:** [neurooncsg@providence.org](mailto:neurooncsg@providence.org)

### Parkinson's Support Group – Virtual

**Where:** Providence Seaside Hospital, virtual/online

**When:** 2<sup>nd</sup> Tuesday of each month 10-11:30am

**Contact:** Theresa, [Theresa.harczo@providence.org](mailto:Theresa.harczo@providence.org)

### Parkinson's Support Group – In Person

**Where:** Peace First Lutheran Church, 725 33<sup>rd</sup> St., Astoria, OR 97103

**When:** 2<sup>nd</sup> Monday of each month, 1pm

**Contact:** Parkinson's Resources of Oregon, 1-800-426-6806

### Men's Discussion Group

**Where:** Astoria Senior Center, 1111 Exchange St., Astoria, OR 97103

**When:** 1<sup>st</sup> Wednesday of each Month, 11:30-1pm

**Contact:** Larry Miller, 503-325-3231