



Family Caregiver Happenings

NWSDS Caregiver Support Groups and Events in May 2021

Click on [Learn More...](#) to read information about a group or event, including descriptions, locations, and how to register.

Tuesday, May 4

Dallas Caregiver Connection, 10:30 – 12:00 pm [Learn More...](#)

Silverton Caregiver Connection, 2:00 – 3:30 pm [Learn More...](#)

Wednesday, May 5

South Salem Caregiver Connection, 2:00 – 3:00 pm [Learn More...](#)

Wednesday, May 12

Stayton Caregiver Connection, 1:00 – 2:30 pm [Learn More...](#)

South Salem Caregiver Connection, 2:00 – 3:00 pm [Learn More...](#)

Relatives as Parents Program, 10:00 – 11:30 am [Learn More...](#)

Tuesday, May 18

North Salem/Keizer Caregiver Connection, 1:00 – 2:30 pm [Learn More...](#)

Clatsop County Caregiver Connection, 1:30 – 3:00 pm [Learn More...](#)

Wednesday, May 19

South Salem Caregiver Connection, 2:00 – 3:00 pm [Learn More...](#)

Wednesday, May 26

South Salem Caregiver Connection, 2:00 – 3:00 pm [Learn More...](#)

NWSDS Options Counselors

Marion County

Suzy Deeds, (503) 861-4202 or
Julie Mendez (503) 304-3432

Polk County

Amy Crevola, (503) 606-7620

Yamhill County

Olga Householder, (503) 435-3404

Clatsop & Tillamook Counties

Suzanne Bjaranson, (503) 861-3404

Not sure where to start?

Connect to the Aging and Disability
Resource Connection.

ADRC

Aging and Disability
Resource Connection
— of OREGON —

(503) 304-3420 Local

(866) 206-4799 Toll Free

Or visit online at adrcoforegon.org

Education and Respite Resources

[ADRC Family Caregiver Support Program](#)

[NWSDS Health and Wellness Calendars](#)

[Aging and Disability Resource Connection \(ADRC\)](#)

[Help With Food](#)

[The Alzheimer's Association](#)

[Veteran Service Office](#)

[Love Inc.](#)

[Oregon Care Partners](#)

[Villages United](#)

What is Respite?

It is simply temporary relief from caregiving duties when you're looking after a loved one who requires frequent monitoring. If you are enrolled in the Family Caregiver Program contact your Options Counselor to see if you can be reimbursed for day or overnight respite care.

[Senior Loneliness Line for 55 years +](#)

[Grace Center for Adult Day Services](#)

Alzheimer's, Dementia, and Other Support Groups

[ALS Association](#)

[Parkinson's Resources](#)

[Careblazers: Dementia Care Heroes](#)

[NAMI \(National Alliance on Mental Illness\)](#)

This calendar of events is compliments of Northwest Senior and Disability Services (NWSDS). If you have any information that you would like to add or change, please contact Marissa Franklin at marissa.franklin@nwds.org. If you would like to find out more information about NWSDS caregiver programs, please contact the Aging and Disability Resource Connection (ADRC) at (503) 304-3420 or 866-206-4799 or email information.nwds@nwds.org.



Northwest Senior and Disability Services

3410 Cherry Ave NE, Salem OR 97303

503-304-3400 or 800-469-8772

nwds.org