



Family Caregiver Happenings

NWSDS Caregiver Support Groups and Events in March 2022

Click on [Learn More...](#) to read information about a group or event, including descriptions, locations, and how to register.

Wednesday, March 2

- South Salem Caregiver Connection, 2:00–3:00 pm [Learn more...](#)

Tuesday, March 8

- Dementia Care Conversations, 3:00–4:00 p.m.
Contact Julie Mendez, 503-304-3432 to register

Wednesday, March 9

- Stayton Caregiver Connection, 1:00–2:30 pm [Learn more...](#)
- Relatives as Parents Program, 10:00–11:30 am [Learn more...](#)

Tuesday, March 15

- Salem/Keizer Caregiver Connection, 1:00–2:00 pm [Learn more...](#)

Wednesday, March 16

- South Salem Caregiver Connection, 2:00–3:00 pm [Learn more...](#)

Tuesday, March 22

- Clatsop County Caregiver Connection, 1:30 – 3:00 pm [Learn more...](#)
- Dementia Care Conversations, 3:00–4:00 p.m.
Contact Julie Mendez, 503-304-3432 to register.

NWSDS Options Counselors

Marion County

Suzy Deeds, (503) 861-4202 or
Julie Mendez (503) 304-3432

Polk County

Amy Crevola, (503) 606-7620

Yamhill County

(Vacant)

Clatsop or Tillamook County

Suzanne Bjaranson, (503) 861-3404

Not sure where to start?

Connect to the Aging and Disability
Resource Connection.



(503) 304-3420 Local

(866) 206-4799 Toll Free

Or visit online at adrcforegon.org

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Education and Resources

[The National Caregiver Support Line for VA Family Caregivers](#) is a support line for family caregivers of veterans. Caregiver Support Coordinators will provide information, resources and referrals as well as emotional support. To begin connecting, call 1-855-260-3274 or visit caregiver.va.gov.

[ADRC Family Caregiver Support Program](#)

[NWSDS Health and Wellness Calendars](#)

[Aging and Disability Resource Connection \(ADRC\)](#)

[Help With Food](#)

[Veteran Service Office](#)

[Love Inc.](#)

[Oregon Care Partners](#)

[The Alzheimer's Association](#)

What is Respite?

It is simply temporary relief from caregiving duties when you're looking after a loved one who requires frequent monitoring. If you are enrolled in the Family Caregiver Program contact your Options Counselor to see if you can be reimbursed for day or overnight respite care.

[Senior Loneliness Line for 55 years +](#)

[Adult Day Service Programs](#)

[In Your Home](#)

[Association for Frontotemporal Degeneration \(AFTD\)](#)

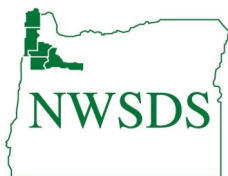
[Parkinson's Resources of Oregon \(PRO\)](#)

Alzheimer's, Dementia, and Other Support Groups

[ALS Association](#)

[NAMI \(National Alliance on Mental Illness\)](#)

[Careblazers: Dementia Care Heroes](#)



Northwest Senior and Disability Services

3410 Cherry Ave NE, Salem OR 97303

503-304-3400 or 800-469-8772 Find us online at: nwsds.org

This calendar of events is compliments of Northwest Senior and Disability Services (NWSDS). If you have any information that you would like to add or change, please contact Marissa Franklin at marissa.franklin@nwsds.org. If you would like to find out more information about NWSDS caregiver programs, please contact the Aging and Disability Resource Connection (ADRC) at (503) 304-3420 or 866-206-4799 or email information.nwsds@nwsds.org.