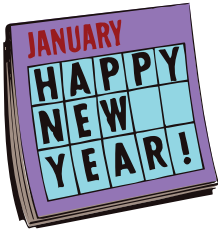



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Closed for the Holiday</u></p>  <p>1</p>	<p>♥ Beef Spanish Rice or Macaroni & Cheese Green Peas Mandarin Pineapple Salad Oat Bran Roll Frozen Hot Chocolate</p> <p>2</p>	<p>♥ Swt/Sour Chkn/Brn Rice or Beef & Black Bean Chili Zucchini & Red Peppers Garden Vegetable Salad Seven Grain Roll Almond Poppysseed Cake</p> <p>3</p>	<p>♥ Chicken & Penne Pasta or Beef Enchilada Bake Mixed Vegetables Country Coleslaw Wheat Roll Lemon Pudding</p> <p>4</p>	<p>♥ Trky Ham Pasta Salad or Garden Chkn Mini Salad on Spinach Romaine Split Pea Soup French Roll Mandarin Oranges</p> <p>5</p>
<p>♥ Chicken Tetrzzini or Beef Cabbage Bake Glazed Carrots Marinated Broccoli Salad Garlic Roll Rice Pudding</p> <p>8</p>	<p>♥ Chicken Pot Pie or Pork Sausage Gravy over Buttermilk Biscuit Green Beans Spinach Romaine Salad Butterscotch Bar</p> <p>9</p>	<p>♥ Trky Salad Sndwch Half or Tuna Salad Sndwch Half on Wheat Bread Cream of Broccoli Soup Carrot Slaw Cinnamon Applesauce</p> <p>10</p>	<p>♥ Pasta Primavera or Ground Beef Stew Green Peas Garden Vegetable Salad Herb Roll Pineapple</p> <p>11</p>	<p>♥ Herb Chkn Patty w/Gvy or Meatloaf w/Gravy Lyonnaise Potatoes Herbed Carrots Rye Bread Cinnamon Pear Crisp</p> <p>12</p>
<p><u>Closed for the Holiday</u></p>  <p>15</p>	<p><u>Italian Day</u></p> <p>♥ Italian Sausage/Peppers or Chicken w/Alfredo Sc Italian Blend Vegetables Spinach Romaine Salad Sourdough Roll Baked Tiramisu Cake</p> <p>16</p>	<p>♥ Spinach Omelet Bake or Cowboy Campfire Stew Calico Corn Romaine Iceberg Salad Potato Wheat Roll Seasonal Fruit</p> <p>17</p>	<p>♥ Shoyu Chicken Breast or Beef Patty w/Gravy Sr Cream & Chive Potatoes Lima Beans Cornmeal Bread Sherbert</p> <p>18</p>	<p>♥ Roast Turkey w/Gravy or BBQ Smokehouse Chop Whipped Sweet Potatoes Green Beans w/Red Peppers Wheat Bread Marble Cake</p> <p>19</p>
<p>♥ Turkey Divan Bake or Vegetarian Chili Green Peas Pickled Beets Dill Roll Orange Whip</p> <p>22</p>	<p>♥ Turkey Patty w/Gravy or Country Steak w/Gravy Whipped Potatoes Capri Blend Vegetables Wheat Bread Peach Crisp</p> <p>23</p>	<p>♥ Lima Beans & Ham or Spaghetti w/Meat Sauce Spinach Carrot Raisin Salad Oatmeal Roll Applesauce Gingerbread Cake</p> <p>24</p>	<p>♥ Meatloaf Sandwich Half or Shv Turkey Sndwch Half on Wheat Bread Lentil Soup Potato Salad Chilled Pears</p> <p>25</p>	<p>♥ Turkey Apple Meatball or Bkd Ham w/Mustard Sc Blakeyed Peas Spinach Romaine Salad Cornbread Zucchini Brownie</p> <p>26</p>
<p>♥ BBQ Chicken Breast or Beef Liver & Onions Colcannon Potatoes Country Trio Vegetables Cracked Wheat Bread Gelatin Jewels w/Whip Top</p> <p>29</p>	<p>♥ Brd Bkd Fish/Tartar Sc or Pork Patty w/Gravy Whipped Potatoes Peas Onion Bread Frosted Spice Cake</p> <p>30</p>	<p>♥ Chicken Marsala Bake or Beef Shepherd's Pie Broccoli Spinach Romaine Salad Multigrain Roll Golden Fruit Cup</p> <p>31</p>	<p>Suggested Donation: \$3.00 per meal</p>  <p>1% Milk served with all meals</p>	<p>NORTHWEST SENIOR & DISABILITY SERVICES</p> <p>JANUARY 2018</p>