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Prepared by NorthWest Senior & Disability Services, © 2008

**This brochure is available in alternate formats through any one of the NWSDS offices. The information contained in this brochure is current as of publication date and subject to change without notice.**

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## NorthWest Senior & Disability Services

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NorthWest Senior & Disability Services (NWSDS) is an intergovernmental social services agency operating in Clatsop, Marion, Polk, Tillamook & Yamhill counties. The agency helps seniors and people with disabilities access services which will assist them in remaining as independent as possible.

Types of services which are available through NorthWest Senior & Disability Services include, but are not limited to:

- Information and Assistance
- Financial and Medical Assistance (Medicaid and Food Stamps)
- In-Home Services
- Assessment Services
- Residential Placement Services
- Congregate and Home-Delivered Meals
- Adult Protective Services

NorthWest Senior & Disability Services has offices for seniors and people with disabilities in Dallas, Gearhart, McMinnville, Salem, Tillamook, and Woodburn where the public may go for information about programs. There is a satellite office in Stayton. You may also get information about programs on the Internet at [www.nwsds.org](http://www.nwsds.org). The addresses and phone numbers of the local NorthWest Senior & Disability Services offices are listed on the following pages.

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** Senior Services Information**

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**Dallas**

260 Kings Valley Hwy  
PO Box 89  
Dallas, OR 97338  
Phone: 503-623-2301  
Fax: 503-623-2804

**Gearhart**

3523 Highway 101 N.  
Gearhart, OR 97138  
Phone: 503-738-5191  
Phone: 1-800-442-8614  
Fax: 503-738-6454  
Fax: 503-738-6451

**McMinnville**

300 SW Hill Rd.  
McMinnville, OR 97128  
Phone: 503-472-9441  
Phone: 1-866-333-7218  
Fax: 503-472-4724

**Salem-North**

3410 Cherry Ave. NE  
PO Box 12189  
Salem, OR 97309  
Phone: 503-304-3400  
Phone: 1-800-469-8772  
Fax: 503-304-3464

**Salem-South**

3541 Fairview Industrial Dr. SE  
PO Box 12099  
Salem, OR 97309  
Phone: 503-373-7380  
Fax: 503-371-6599

**Stayton (Satellite Office)**

238 N. Third St.  
Stayton, OR 97383  
Phone: 503-769-6174  
Fax: 503-769-2741

**Tillamook**

4670 E. Third St.  
Tillamook, OR 97141  
Phone: 503-842-2770  
Phone: 1-800-584-9712  
Fax: 503-842-6290

**Woodburn**

1320 Meridian Dr.  
PO Box 297  
Woodburn, OR 97071  
Phone: 503-981-5138  
Phone: 1-888-257-0138  
Fax: 503-981-5145

**Adult Protective Services:**

1-800-846-9165

**TTY for all offices: 1-888-370-4307**

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**☎ Disability Services Information**

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**Dallas**

260 Kings Valley Hwy  
Dallas, OR 97338  
Phone: 503-831-0581  
Fax: 503-623-5178

**Gearhart**

3523 Highway 101 N.  
Gearhart, OR 97138  
Phone: 503-738-5191  
Phone: 1-800-442-8614  
Fax: 503-738-6454  
Fax: 503-738-6451

**McMinnville**

300 SW Hill Rd.  
McMinnville, OR 97128  
Phone: 503-472-9441  
Phone: 1-866-333-7218  
Fax: 503-472-4724

**Salem-North**

3410 Cherry Ave. NE  
PO Box 12189  
Salem, OR 97309  
Phone: 503-304-3400  
Phone: 1-800-469-8772  
Fax: 503-304-3464

**Salem-South**

3541 Fairview Industrial Dr. SE  
PO Box 12099  
Salem, OR 97309  
Phone: 503-373-7380  
Fax: 503-378-8663

**Tillamook**

4670 E. Third St.  
Tillamook, OR 97141  
Phone: 503-842-2770  
Phone: 1-800-584-9712  
Fax: 503-842-6290

**Woodburn**

1320 Meridian Dr.  
PO Box 297  
Woodburn, OR 97071  
Phone: 503-981-5138  
Phone: 1-888-257-0138  
Fax: 503-982-8268

**Adult Protective Services:**

1-800-846-9165

**TTY for all offices: 1-888-370-4307**

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## Introduction to Alternative Care Settings

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Living at home is not always the best choice for everyone. When living at home is no longer desired, or feasible, a variety of alternatives are available.

**Retirement Communities** are residential settings for active adults. Housing options range from apartment settings to more personalized care as one's health declines, which often allow the resident to remain within the same residential setting. Most provide support services such as meals, housekeeping, transportation, and recreational and social programs.

**Continuing Care Retirement Communities** offer older adults the option of contracting with a retirement community for living accommodations and the security of knowing continuing care services will be available as their needs change. Substantial entry fees are usually charged.

**Adult Foster Care** services are a popular choice for seniors and people with disabilities as they provide care and assistance in a home-like setting. Homes are located in residential neighborhoods and serve between one to five residents. Costs are typically far less than nursing facility care. Adult Foster Homes are licensed and regulated by NorthWest Senior & Disability Services. A listing of licensed Adult Foster Homes throughout Clatsop, Marion, Polk, Tillamook & Yamhill counties may be obtained from any office of NorthWest Senior & Disability Services, as well as listings of Adult Foster Homes with current vacancies.

**Residential Care Facilities** are congregate living centers for seniors and people with disabilities. They provide supportive care and supervision, such as meals, laundry, bathing, and personal care. Generally, residents do not require professional nursing-related services.

**Assisted Living Facilities** are congregate living centers with apartment style living quarters for seniors and people with disabilities. Services are tailored to the individual's needs and include personal care, bathing, medication management, laundry, and supervision. Nursing services may be included.

**Nursing Facilities** are centers that provide professional level nursing services for seniors and people with disabilities who have acute and/or chronic medical problems. Whenever possible, restorative services are provided to help enable the resident to progress to the point where lesser care alternatives may be explored.

**Facilities with Alzheimer's Endorsed Care Units** provide care in a safe, secure environment for seniors and people with disabilities that have Alzheimer's or a dementia related diagnosis. Services include supervision, personal care, meals, laundry, and medication management. These units are usually offered in a nursing facility or residential care facility setting.

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## **Financial Assistance**

### **Paying for Alternative Care**

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The cost of care in a supervised living facility can stretch beyond the financial means of many seniors and people with disabilities. There are government and private assistance programs that may be able to offer financial assistance. These include, but are not limited to, the following:

#### **A. Medicare**

Medicare is a federal health insurance plan for individuals who are 65 and older, or disabled and receiving social security payments. Medicare pays for skilled nursing facility care if the care needed meets certain criteria. Medicare will not pay for long-term custodial care in nursing facilities. For information, call the toll-free Medicare information number at 1-800-633-4227. Ask for the booklet titled “Medicare & You.”

#### **B. Medicaid**

Medicaid is a public assistance program that is funded by federal and state tax dollars. To become eligible, an individual must lack sufficient income and resources to meet the cost of care, and must demonstrate care needs that are provided by the care facility.

To inquire or apply for Medicaid, contact your local NorthWest Senior & Disability Services office, or call 1-800-469-8772.

### **C. Veteran's Benefits**

The Veteran's Administration (VA) is able to provide information about veteran's benefits related to long-term care expenses. To learn more, please contact the Oregon Department of Veteran's Affairs. (503-373-2085)

### **D. Private Insurance Policies**

Some private insurance policies, particularly those with provisions for long-term care, may help pay the cost of care in supervised living facilities. Individual policies vary on benefit coverage. If you need help understanding your policy, consult with your insurance agent, or contact a NorthWest Senior & Disability Services Health Insurance Assistance Program Specialist. (1-800-469-8772)

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## **Assisted Living Facilities**

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Assisted living facilities offer an innovative approach to supervised living. The concept offers a social model of care, and stresses a resident's right to privacy and independence.

In assisted living, the resident is provided an apartment-style living quarter, with services brought to the client. Costs are dependent on the types of services the resident requires. Assisted living offers services that are tailored to the resident's changing care needs.

## **Assisted Living Facilities Provide:**

- Room & Board in Private Apartment
- Resident Inclusion in Care Planning
- 24-Hour Supervision and Protection
- Meals, Laundry, Transportation
- Intermittent Nursing Services
- Medication Management
- Social and Recreational Programs
- Assistance with Bathing, Dressing, Personal Hygiene, Walking
- Behavior Management

## **Clatsop County Assisted Living Facilities**

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### **Astor House**

999 Klaskanine Ave.

Astoria, OR 97103

503-325-6970

ADMISSION POLICY: Private

### **Clatsop Retirement Village**

947 Olney Ave.

Astoria, OR 97103

503-325-4676

ADMISSION POLICY: Private and Medicaid

### **Neawanna by the Sea**

20 N. Wahanna Rd.

Seaside, OR 97138

503-738-5526

ADMISSION POLICY: Private and Medicaid

**Necanicum Village**

2500 S. Roosevelt Dr.

Seaside, OR 97138

503-738-0900

ADMISSION POLICY: Private and Medicaid

**Suzanne Elise Assisted Living**

101 Forest Dr.

Seaside, OR 97138

503-738-0307

ADMISSION POLICY: Private and Medicaid

**Marion County**

**Assisted Living Facilities**

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**Cedar Village Assisted Living Community**

4452 Lancaster Dr. NE

Salem, OR 97305

503-390-9600

ADMISSION POLICY: Private and Medicaid

**Country Meadows Village**

155 South Evergreen

Woodburn, OR 97071

503-982-2221

ADMISSION POLICY: Private

**Davenport House**

930 Oak St.

Silverton, OR 97381

503-873-7162

ADMISSION POLICY: Private

**Elliott Residence**

390 Church St.

Sublimity, OR 97385

503-769-8444

ADMISSION POLICY: Private and Medicaid

**Lakeside Assisted Living Community**

2201 3<sup>rd</sup> Ave.

Stayton, OR 97383

503-769-3200

ADMISSION POLICY: Private and Medicaid

**Lancaster Assisted Living**

4156 Market St. NE

Salem, OR 97301

503-364-3383

ADMISSION POLICY: Private and Medicaid

**Lancaster Village Assisted Living**

4148 Market St. NE

Salem, OR 97301

503-364-3383

ADMISSION POLICY: Private and Medicaid

**McKillop Residence**

500 Conifer Circle

Sublimity, OR 97385

503-769-8900

ADMISSION POLICY: Private and Medicaid

**Meadow Creek Village Assisted Living Residence**

3988 12<sup>th</sup> St. SE

Salem, OR 97302

503-375-9732

ADMISSION POLICY: Private and Medicaid

**Providence Benedictine Orchard House**

550 S. Main St.

Mt. Angel, OR 97362

503-845-2544

ADMISSION POLICY: Private and Medicaid

**Redwood Heights Retirement & Assisted Living Residence**

4050 12<sup>th</sup> St. SE

Salem, OR 97302

503-540-0822

ADMISSION POLICY: Private and Medicaid

**River Road Assisted Living Residence**

592 Bever Dr. NE

Keizer, OR 97303

503-463-4060

ADMISSION POLICY: Private and Medicaid

**Silver Creek Assisted Living Facility**

703 Evergreen Rd.

Woodburn, OR 97071

503-981-4142

ADMISSION POLICY: Private and Medicaid

**Southern Hills Assisted Living Community**

4795 Skyline Rd. S.

Salem, OR 97306

503-378-7499

ADMISSION POLICY: Private and Medicaid

**Polk County**

**Assisted Living Facilities**

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**Dallas Retirement Village**

340 NW Brentwood St.

Dallas, OR 97338

503-831-0214

ADMISSION POLICY: Private and Medicaid

**Gibson Creek Retirement & Assisted Living Residence**

1615 Brush College Rd. NW

Salem, OR 97304

503-361-8599

ADMISSION POLICY: Private and Medicaid

**Heron Pointe**

504 Gwinn St. E.

Monmouth, OR 97361

503-838-6850

ADMISSION POLICY: Private and Medicaid

**Orchard Heights Senior Community**

695 Orchard Heights Rd. NW

Salem, OR 97304

503-566-9052

ADMISSION POLICY: Private

**Tillamook County**  
**Assisted Living Facilities**

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**Five Rivers Assisted Living & Retirement  
Community**

3500 12<sup>th</sup> St.  
Tillamook, OR 97141  
503-842-0918  
ADMISSION POLICY: Private

**Kilchis House**

4212 Marolf Place  
Tillamook, OR 97141  
503-842-2204  
ADMISSION POLICY: Private and Medicaid

**Nehalem Bay House**

35385 Tohl Ave.  
Nehalem, OR 97131  
503-368-6445  
ADMISSION POLICY: Private and Medicaid

**Yamhill County**  
**Assisted Living Facilities**

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**Avamere at Newberg**

730 Foothills Dr.  
Newberg, OR 97132  
503-554-0767  
ADMISSION POLICY: Private and Medicaid

**Brookdale Senior Living**

721 NE 27<sup>th</sup> St.

McMinnville, OR 97128

503-435-0100

ADMISSION POLICY: Private and Medicaid

**Chehalem Springs Senior Living Community**

3802 Hayes St.

Newberg, OR 97132

503-538-1705

ADMISSION POLICY: Private

**Deer Meadow Assisted Living Community**

1350 W. Main St.

Sheridan, OR 97378

503-843-7799

ADMISSION POLICY: Private and Medicaid

**Huffman House**

1307 N. College

Newberg, OR 97132

503-537-0422

ADMISSION POLICY: Private

**Osprey Pointe Assisted Living Community**

345 SW Hill Rd.

McMinnville, OR 97128

503-435-1000

ADMISSION POLICY: Private and Medicaid

### **Parkland Village Assisted Living Residence**

3121 NE Cumulus Ave.

McMinnville, OR 97128

503-435-1499

ADMISSION POLICY: Private and Medicaid

### **Terrace at Hillside Assisted Living**

300 NW Hillside Park Way

McMinnville, OR 97128

503-472-9534

ADMISSION POLICY: Private

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## **Continuing Care Retirement Communities**

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Continuing Care Retirement Communities offer older adults the option of contracting with a retirement community for living accommodations, giving them the security of knowing continuing care services will be available as their needs change. Substantial entry fees are usually charged.

### **Continuing Care Retirement Communities Provide:**

- Room & Board
- 24-Hour Supervision and Protection
- Meals, Laundry
- Social and Recreational Activities
- Medication Management
- Assistance with Bathing, Grooming, Dressing

## **Polk County**

### **Continuing Care Retirement Communities**

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#### **Capital Manor Retirement Community**

1955 Salem Dallas Hwy. NW

Salem, OR 97304

503-362-4101

ADMISSION POLICY: Private

## **Yamhill County**

### **Continuing Care Retirement Communities**

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#### **Friendsview Retirement Community**

1301 E. Fulton St.

Newberg, OR 97132

503-538-3144

ADMISSION POLICY: Private

#### **Hillside Retirement Community**

300 NW Hillside Park Way

McMinnville, OR 97128

503-472-9534

ADMISSION POLICY: Private

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## **Residential Care Facilities**

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Residential care facilities are congregate living centers which provide supportive care and supervision, such as meals, laundry, bathing, and personal care. Generally, residential care facility residents do not require professional nursing-related services.

**Residential Care Facilities Provide:**

- Room & Board
- 24-Hour Supervision and Protection
- Meals, Laundry
- Social and Recreational Activities
- Medication Management
- Assistance with Bathing, Grooming, Dressing

**Clatsop County  
Residential Care Facilities**

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**Necanicum Village**

2500 S. Roosevelt Dr.  
Seaside, OR 97138  
503-738-0900

ADMISSION POLICY: Private and Medicaid

**Marion County  
Residential Care Facilities**

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**Alterra Clare Bridge – Salem**

1355 Boone Rd. SE  
Salem, OR 97302  
503-365-7500

ADMISSION POLICY: Private and Medicaid

**Avamere Court at Keizer**

5210 River Rd. N.  
Keizer, OR 97303  
503-393-3624

ADMISSION POLICY: Private and Medicaid

**Brookstone Alzheimer's Special Care Center**

5881 Woodside Dr. SE

Salem, OR 97306

503-316-0687

ADMISSION POLICY: Private and Medicaid

**Cascade Park Retirement Center**

950 N. Cascade Dr.

Woodburn, OR 97071

503-981-0033

ADMISSION POLICY: Private

**Colonial Gardens**

1890 N. Newberg Hwy.

Woodburn, OR 97071

503-982-4000

ADMISSION POLICY: Private and Medicaid

**Farmington Square – Salem**

910 Boone Rd. SE

Salem, OR 97306

503-363-2273

ADMISSION POLICY: Private and Medicaid

**Four Seasons RCF – Salem**

2480 Coral Ave. NE

Salem, OR 97305

503-362-5885

ADMISSION POLICY: Private and Medicaid

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**Four Seasons RCF- Fairgrounds**

2850 Evergreen Ave. NE

Salem, OR 97301

503-566-5876

ADMISSION POLICY: Private and Medicaid

**Hawthorne House of Salem**

3042 Hyacinth St. NE

Salem, OR 97303

503-763-2722

ADMISSION POLICY: Private

**Heritage House of Woodburn**

943 N. Cascade Dr.

Woodburn, OR 97071

503-982-1506

ADMISSION POLICY: Private

**Mt. Angel Towers**

One Towers Lane Box #2120

Mt. Angel, OR 97362

503-845-7211

ADMISSION POLICY: Private

**Regency Woodland**

4710 Sunnyside Rd. SE

Salem, OR 97302

503-364-1355

ADMISSION POLICY: Private

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**Rosewood Court Residential Care**

4254 Weathers St. NE

Salem, OR 97301

503-585-4602

ADMISSION POLICY: Private and Medicaid

**Turner Retirement Homes**

5405 Boise St. SE, P.O. Box 58

Turner, OR 97392

503-743-2490

ADMISSION POLICY: Private and Medicaid

**Willamette Lutheran Retirement Community**

7693 Wheatland Rd. N.

Keizer, OR 97303

503-393-1491

ADMISSION POLICY: Private

**Willson House Residential Care Facility**

1625 Center St. NE

Salem, OR 97301

503-585-6511

ADMISSION POLICY: Private

**The Woods at Willowcreek**

4398 Glencoe St. NE

Salem, OR 97301

503-581-4239

ADMISSION POLICY: Private and Medicaid

## **Polk County Residential Care Facilities**

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### **Dallas Retirement Village**

340 NW Brentwood Ave.

Dallas, OR 97338

503-623-5581

ADMISSION POLICY: Private and Medicaid

### **Ellendale Home**

511 E. Ellendale Ave.

Dallas, OR 97338

503-623-3709

ADMISSION POLICY: Private and Medicaid

### **Four Seasons RCF – Dallas**

280 SE Uglow St.

Dallas, OR 97338

503-623-0300

ADMISSION POLICY: Private and Medicaid

### **Four Seasons**

202 South 9<sup>th</sup> St.

Independence, OR 97351

503-838-0330

ADMISSION POLICY: Private and Medicaid

### **Orchard Heights Senior Community**

695 Orchard Heights Rd. NW

Salem, OR 97304

503-566-9052

ADMISSION POLICY: Private

## **Yamhill County Residential Care Facilities**

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### **Avamere at Newberg-The Arbor Memory Care**

730 Foothills Dr.

Newberg, OR 97132

503-554-0767

ADMISSION POLICY: Private and Medicaid

### **Brookdale Senior Living Memory Care**

721 NE 27<sup>th</sup> St.

McMinnville, OR 97128

503-435-0100

ADMISSION POLICY: Private and Medicaid

### **Courtyard at Hillside Memory Care**

300 NW Hillside Park Way

McMinnville, OR 97128

503-472-9534

ADMISSION POLICY: Private

### **Friendsview Retirement Community-Memory Care**

1301 E. Fulton St.

Newberg, OR 97132

503-538-3144

ADMISSION POLICY: Private

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**Harmony Living**

1535 SW Shirley Ann Dr.

McMinnville, OR 97128

503-472-9997

ADMISSION POLICY: Private and Medicaid

**Osprey Court Memory Care Community**

320 SW Hill Rd.

McMinnville, OR 97128

503-472-3509

ADMISSION POLICY: Private and Medicaid

**Rock of Ages Mennonite Home**

15600 SW Rock of Ages Rd.

McMinnville, OR 97128

503-472-6212

ADMISSION POLICY: Private and Medicaid

**Villas of McMinnville**

775 NE 27<sup>th</sup> St.

McMinnville, OR 97128

503-472-3130

ADMISSION POLICY: Private

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## Introduction to Nursing Facilities

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Skilled nursing facility care may be appropriate for an older adult or someone with a disability who requires post hospital extended care services or specialized services including professional nursing or rehabilitation. Long-term nursing facility placement may be needed for individuals who have significant care needs and require monitoring of chronic medical problems. Before considering admission to a nursing facility you should explore all options, including home and community-based services.

To help you select the most appropriate setting in which to receive the care you need, an admission assessment is required. The assessment is available through NorthWest Senior & Disability Services (1-800-469-8772), and your hospital.

Medicare may help with the cost of care in a nursing facility, **IF** you have been an inpatient in a hospital for at least three days and **REQUIRE** daily skilled nursing or rehabilitation services. The facility must be certified by Medicare to provide skilled services. Your hospital and/or physician can assist you in determining if you are eligible for Medicare coverage of your nursing facility care.

After admission, continuation of skilled care benefits is dependent on the need for skilled services.

*Private Medicare supplement insurance may cover deductibles and/or required placement at contract facilities.*

<b>2008 Skilled Medicare Benefit</b>	<b>Coverage</b>	<b>Medicare Pays</b>	<b>You Pay</b>
Available if you have been in the hospital as an	First 20 Days	100%	Nothing
inpatient at least 3 days and	Additional 80 Days	All But \$128/Day	\$128/Day
require daily skilled nursing or rehabilitation service	Beyond 100 Days	Nothing	All Costs

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### **How to Select a Nursing Facility**

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Selecting a nursing facility is a major life decision requiring a considerable amount of time and thought. Whenever possible, consideration should be given before an actual need arises and should include the individual affected by the decision. This will assure a more satisfactory adjustment if nursing facility placement becomes necessary. The most important factors to consider are location, services available, and quality of care. The profiles on the following pages will help you select a facility that meets your location preferences.

Select two facilities which meet your needs and then make your own assessment of quality of care by visiting the facilities and using the checklist provided.

If possible, make more than one visit before making a final selection. Make an unannounced visit, preferably at meal time, if you are able to visit more than once.

- Make an appointment to interview with the admissions coordinator.
- During the interview, ask questions on the Nursing Facility Checklist and obtain specific information concerning costs and special needs you might have.
- Ask to tour the facility.
- Observe the interaction between residents and staff.
- Talk with residents and visitors.
- Based on your observations and conversations, review those questions from the checklist that are important to you and ask yourself if you would enjoy visiting someone in that setting.

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## **Nursing Facility Checklist**

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When you visit a nursing facility, you should carry this checklist with you. It will help you compare one facility with another, but remember to compare facilities in the same category; for example, a skilled nursing facility with another skilled nursing facility. Because nursing facilities may be licensed in more than one category, always compare similar types of services among facilities.

Facility A \_\_\_\_\_

Facility B \_\_\_\_\_

	<b>Facility A</b>		<b>Facility B</b>	
	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>No</b>
<b>Basic Information</b>				
1. Medicaid certified?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Medicare certified?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Admitting new residents?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Convenient location?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Is facility capable of meeting your special care needs?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Quality of Life</b>				
1. Are residents treated respectfully by staff at all times?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Are residents dressed appropriately and well-groomed?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Does staff make an effort to meet the needs of each resident?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	<b>Facility A</b>		<b>Facility B</b>	
	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>No</b>
4. Is there a variety of activities to meet the needs of individual residents?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Is the food attractive and tasty?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Are resident rooms decorated with personal articles?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Is the facility's environment home-like?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Do common areas and resident rooms contain comfortable furniture?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Does the facility have a family and residents' council?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Does the facility have contact with outside groups of volunteers?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Quality of Care</b>				
1. Does staff encourage residents to act independently?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	<b>Facility A</b>		<b>Facility B</b>	
	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>No</b>
2. Does facility staff respond quickly to calls for assistance?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Are residents and family involved in resident care planning?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Does the facility offer appropriate therapies (physical, speech, etc.)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Does the nursing facility have an arrangement with a nearby hospital?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Safety</b>				
1. Are there enough staff to appropriately provide care to residents?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Are there handrails in the hallways and grab bars in bathrooms?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Is the inside of the facility in good repair and exits clearly marked?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Are spills and other accidents cleaned up quickly?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	Facility A		Facility B	
	Yes	No	Yes	No
5. Are the hallways free of clutter and well-lit?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Other Concerns**

1. Does the facility have outdoor areas (patios, etc.) for resident use?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Does the facility provide an updated list of references?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Are the latest survey reports and lists of resident rights posted?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. _____ _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. _____ _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

From a Guide to Choosing a Nursing Home, U.S. Department of Health and Human Services, Pub # HCFA-02174. Revised 2000.

## **Clatsop County Nursing Facilities**

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### **Clatsop Care Center**

646 16<sup>th</sup> St.

Astoria, OR 97103

503-325-0313

ADMISSION POLICY: Private and Medicaid; Medicare certified

### **Providence Seaside Hospital**

725 S. Wahanna Rd.

Seaside, OR 97138

503-717-7117

ADMISSION POLICY: Private and Medicaid; Medicare certified

## **Marion County Nursing Facilities**

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### **Avamere Court at Keizer**

5210 River Rd. N.

Keizer, OR 97303

503-393-3624

ADMISSION POLICY: Private and Medicaid; Medicare certified

**Evergreen Windsor Health & Rehabilitation Center**

820 Cottage St. NE

Salem, OR 97301

503-399-1135

ADMISSION POLICY: Open; Private and Medicaid;  
Medicare certified; Veteran's Administration contract

**French Prairie Nursing and Rehabilitation Center**

601 Evergreen Rd.

Woodburn, OR 97071

503-982-0111

ADMISSION POLICY: Open; Private and Medicaid;  
Medicare certified; Veteran's Administration contract

**Marian Estates**

390 Church St.

Sublimity, OR 97385

503-769-3499

ADMISSION POLICY: Private and Medicaid; Medicare  
certified

**Marquis Care at Silver Gardens**

115 S. James St.

Silverton, OR 97381

503-873-5362

ADMISSION POLICY: Private and Medicaid; Medicare  
certified; Physicians must have practicing privileges at  
Silverton Hospital

**Providence Benedictine Nursing Center**

540 S. Main St.

Mt. Angel, OR 97362

503-845-6841

ADMISSION POLICY: Private and Medicaid; Medicare certified

**Sherwood Park Nursing & Rehab Center**

4062 Arleta Ave. NE

Keizer, OR 97303

503-390-2271

ADMISSION POLICY: Open; Private and Medicaid; Medicare certified; Kaiser Skilled contract

**South Salem Rehabilitation & Specialty Care**

4120 Kurth St. S.

Salem, OR 97302

503-581-8667

ADMISSION POLICY: Private and Medicaid; Medicare certified; Veteran's Administration contract

**Sunnyside Care Center**

4515 Sunnyside Rd. SE

Salem, OR 97302

503-370-8284

ADMISSION POLICY: Open; Nondiscrimination; Private and Medicaid; Medicare certified

**Tierra Rose Care Center**

4254 Weathers St. NE

Salem, OR 97301

503-585-4602

ADMISSION POLICY: Open; Private and Medicaid

**Polk County**  
**Nursing Facilities**

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**Dallas Retirement Village Health Center**

377 NW Jasper St.

Dallas, OR 97338

503-623-5581

ADMISSION POLICY: Open; Private and Medicaid;  
Medicare certified

**Evergreen Independence Health And Rehabilitation  
Center**

1525 Monmouth St.

Independence, OR 97351

503-838-0001

ADMISSION POLICY: Open; Nondiscrimination;  
Private and Medicaid; Medicare certified

**Tillamook County**  
**Nursing Facilities**

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**Nehalem Valley Care Center**

280 Rowe St., P.O. Box 45

Wheeler, OR 97147

503-368-5171

ADMISSION POLICY: Private and Medicaid; Medicare  
certified

## **Yamhill County Nursing Facilities**

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### **Chehalem Health and Rehabilitation Center**

1900 E. Fulton St.

Newberg, OR 97132

503-538-2108

ADMISSION POLICY: Open; Nondiscrimination;  
Private and Medicaid; Medicare certified

### **Friendsview Retirement Community**

1301 E. Fulton St.

Newberg, OR 97132

503-538-3144

ADMISSION POLICY: Private

### **Life Care Center of McMinnville**

1309 E. 27<sup>th</sup> St.

McMinnville, OR 97128

503-472-4678

ADMISSION POLICY: Open; Private and Medicaid;  
Medicare certified; Veteran's Administration contract

### **Newberg Care Home**

1500 E. First St.

Newberg, OR 97132

503-538-9436

ADMISSION POLICY: Open; Private and Medicaid;  
Medicare certified; Veteran's Administration contract

**Oakwood Country Place**

421 S. Evans St.

McMinnville, OR 97128

503-472-3141

ADMISSION POLICY: Will consider all patients, except pediatrics and obstetrics; Private and Medicaid; Medicare certified with many managed care and HMO contracts

**Sheridan Care Center**

411 SE Sheridan Rd.

Sheridan, OR 97378

503-843-2204

ADMISSION POLICY: Will consider any person in need of intermediate care placement; Private and Medicaid

**Village at Hillside**

440 NW Hillside Park Way

McMinnville, OR 97128

503-472-9534

ADMISSION POLICY: Private; Medicare certified

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**Facilities with Alzheimer's Endorsed Care Units**

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Facilities with Alzheimer's endorsed care units provide Alzheimer's and dementia patients/residents with a positive quality of life, consumer protection, and maximum individualized care that promotes rights, dignity, comfort, and independence in the least restrictive environment.

**Facilities with Alzheimer's Endorsed Care Units  
Provide:**

- Room & Board
- 24-Hour Supervision and Protection
- Meals, Laundry
- Social and Recreational Activities
- Medication Management
- Assistance with Bathing, Grooming, Dressing

**Clatsop County  
Residential Care Facilities  
with Alzheimer's Endorsed Care Units**

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**Necanicum Village**  
2500 S. Roosevelt Dr.  
Seaside, OR 97138  
503-738-0900  
ADMISSION POLICY: Private and Medicaid

**Marion County  
Residential Care Facilities  
with Alzheimer's Endorsed Care Units**

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**Alterra Clare Bridge of Salem**  
1355 Boone Rd. SE  
Salem, OR 97302  
503-365-7500  
ADMISSION POLICY: Private and Medicaid

**Brookstone Alzheimer Special Care Center**

5881 Woodside Dr. SE

Salem, OR 97306

503-316-0687

Admission Policy: Private and Medicaid

**Farmington Square**

910 Boone Rd. SE

Salem, OR 97306

503-363-2273

ADMISSION POLICY: Private and Medicaid

**Hawthorne House of Salem**

3042 Hyacinth St. NE

Salem, OR 97303

503-763-2722

ADMISSION POLICY: Private

**Heritage House of Woodburn**

943 N. Cascade Dr.

Woodburn, OR 97071

503-982-1506

ADMISSION POLICY: Private

**Rosewood Court**

4254 Weathers St. NE

Salem, OR 97301

503-585-4602

ADMISSION POLICY: Private and Medicaid

**The Woods at Willowcreek**

4398 Glencoe St. NE

Salem, OR 97301

503-581-4239

ADMISSION POLICY: Private and Medicaid

**Marion County**

**Nursing Facilities**

**with Alzheimer's Endorsed Care Units**

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**Marian Estates**

390 Church St.

Sublimity, OR 97385

503-769-3499

ADMISSION POLICY: Private and Medicaid

**Polk County**

**Residential Care Facilities**

**with Alzheimer's Endorsed Care Units**

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**Dallas Retirement Village**

340 NW Brentwood Ave.

Dallas, OR 97338

503-623-5581

ADMISSION POLICY: Private and Medicaid

**Jefferson Manor Residential Care**

664 SE Jefferson St.

Dallas, OR 97338

503-623-8104

ADMISSION POLICY: Private and Medicaid

**Orchard Heights Senior Community**

695 Orchard Heights Rd. NW

Salem, OR 97304

503-566-9052

ADMISSION POLICY: Private

**Polk County**

**Nursing Facilities**

**with Alzheimer's Endorsed Care Units**

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**Dallas Retirement Village Health Center**

377 NW Jasper St.

Dallas, OR 97338

503-623-5581

ADMISSION POLICY: Private and Medicaid

**Yamhill County**

**Residential Care Facilities**

**with Alzheimer's Endorsed Care Units**

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**Brookdale Senior Living Memory Care**

721 NE 27<sup>th</sup> St.

McMinnville, OR 97128

503-435-0100

ADMISSION POLICY: Private and Medicaid

**Avamere at Newberg-The Arbor Memory Care**

730 Foothills Dr.

Newberg, OR 97132

503-554-0767

ADMISSION POLICY: Private and Medicaid

**Courtyard at Hillside Memory Care**

300 NW Hillside Parkway

McMinnville, OR 97128

503-472-9534

ADMISSION POLICY: Private

**Friendsview Retirement Community-Memory Care**

1301 E. Fulton St.

Newberg, OR 97132

503-538-3144

ADMISSION POLICY: Private

**Osprey Court Memory Care Community**

320 SW Hill Rd.

McMinnville, OR 97128

503-472-3509

ADMISSION POLICY: Private and Medicaid

**Yamhill County**

**Nursing Facilities**

**with Alzheimer's Endorsed Care Units**

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**Chehalem Health and Rehabilitation Center**

1900 E. Fulton St.

Newberg, OR 97132

503-538-2108

ADMISSION POLICY: Open; Nondiscrimination;

Private and Medicaid; Medicare certified

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## **Helpful Resources**

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➤ **NorthWest Senior & Disability Services**

**Dallas Senior Services**

503-623-2301 Fax: 503-623-2804

**Dallas Disability Services**

503-831-0581 Fax: 503-623-5178

**Gearhart Senior & Disability Services**

503-738-5191 Fax: 503-738-6454

**McMinnville Senior & Disability Services**

503-472-9441 Fax: 503-472-4724

**North Salem Senior & Disability Services**

503-304-3400 Fax: 503-304-3464

**South Salem Senior & Disability Services**

503-373-7380 Fax: 503-371-6599

**Stayton (Satellite) Senior & Disability Services**

503-769-6174 Fax: 503-769-2741

**Tillamook Senior & Disability Services**

503-842-2770 Fax: 503-842-6290

**Woodburn Senior & Disability Services**

503-981-5138 Fax: 503-982-8268

**TTY for all offices 1-888-370-4307**

**Adult Protective Services 1-800-846-9165**

**On the Internet at [www.nwsds.org](http://www.nwsds.org)**

- **Salem Hospital Social Services 503-561-5279**
- **Medicare**  
1-800-633-4227  
Web Site: <http://www.medicare.gov>
- **Social Security Administration**  
1-800-772-1213
- **Long Term Care Ombudsman**  
503-378-6533 or 1-800-522-2602
- **Legal Advice-Senior Law Project**  
Legal Aid Services of Oregon (LASO) 503-648-7163,  
or 1-888-245-4091 (for Clatsop / Tillamook counties)  
Marion-Polk Legal Aid Service, Regional Office of  
LASO 503-581-5265  
LASO office for Yamhill County 503-472-9561
- **ElderCare Locator**  
1-800-677-1116
- **Network of Care**  
[www.oregon.networkofcare.org](http://www.oregon.networkofcare.org)  
A comprehensive, internet-based community resource  
for seniors and people with disabilities

➤ **Public Files**

Public files are available on the facilities listed in this guide. Public files contain licensing information, monitoring information and protective services investigations. These files are a useful tool when deciding on facility placement. Please call your local NWSDS office to set up a viewing appointment.

➤ **Insurance Review and Assistance**

NorthWest Senior & Disability Services

503-304-3400 or 1-800-469-8772

Medicare and insurance information; free assistance with claim forms

Insurance counseling and assistance (State of Oregon)

1-800-722-4134

➤ **Advance Directives**

A person may wish to record, in writing, personal directions for health care before a critical or terminal illness occurs. In that case, the State of Oregon has legislated the use of an advance directive.

We encourage you to have this document signed before the occurrence of any serious illness or injury, or a condition that might be considered terminal, thereby guaranteeing your right to make your own decisions.

To obtain a copy of this document contact:

- **Oregon Health Decision** 1-800-422-4805 or [www.oregonhealthdecisions.org](http://www.oregonhealthdecisions.org)
- **Your local hospital**