

Return by: \_\_\_\_\_

Name: \_\_\_\_\_

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>Closed for the Holiday</u></b></p>  <p><b>Happy New Year !</b>     <b>1</b></p>	<p>Meatloaf Sandwich ½ with Popeye Potato Chowder</p> <p style="text-align: right;"><b>2</b></p>	<p>Beef Stroganoff with Penne Pasta</p> <p style="text-align: right;"><b>3</b></p>	<p>Turkey Club Mini Salad with Cream of Broccoli Soup</p> <p style="text-align: right;"><b>4</b></p>	<p>Honey Mustard Chicken</p> <p style="text-align: right;"><b>5</b></p>
<p>Southwest Chili</p> <p style="text-align: right;"><b>8</b></p>	<p>Santa Fe Chicken Mini Salad with Cream of Tomato Soup</p> <p style="text-align: right;"><b>9</b></p>	<p>Spaghetti with Meat Sauce</p> <p style="text-align: right;"><b>10</b></p>	<p>Turkey Salad Sandwich with Navy Bean Soup</p> <p style="text-align: right;"><b>11</b></p>	<p>Waikiki Chicken</p> <p style="text-align: right;"><b>12</b></p>
<p><b><u>Closed for the Holiday</u></b></p> <p><i>I Have A Dream</i></p>  <p><i>Martin Luther King, Jr. Day</i></p> <p style="text-align: right;"><b>15</b></p>	<p>BBQ Turkey Sandwich with Corn Chowder</p> <p style="text-align: right;"><b>16</b></p>	<p>Orange Glazed Chicken</p> <p style="text-align: right;"><b>17</b></p>	<p>Egg Salad with Navy Bean Soup</p> <p style="text-align: right;"><b>18</b></p>	<p>Sliced Ham with Apple Berry Sauce</p> <p style="text-align: right;"><b>19</b></p>
<p>Hearty Turkey Stew</p> <p style="text-align: right;"><b>22</b></p>	<p>Garden Chkn Mini Salad with Green Split Pea Soup</p> <p style="text-align: right;"><b>23</b></p>	<p>Swedish Meatballs with Penne Pasta</p> <p style="text-align: right;"><b>24</b></p>	<p>BBQ Pulled Pork Sandwich with Vegetable Soup</p> <p style="text-align: right;"><b>25</b></p>	<p>Chicken with Peanut Sauce &amp; Penne Pasta</p> <p style="text-align: right;"><b>26</b></p>
<p>Chile Lime Chicken</p> <p style="text-align: right;"><b>29</b></p>	<p>Sloppy Joe on a Bun with Baked Beans</p> <p style="text-align: right;"><b>30</b></p>	<p>Sliced Roasted Turkey with Gravy</p> <p style="text-align: right;"><b>31</b></p>	<p><b>1% Milk Served</b></p>  <p><b>With All Meals</b></p>	<p><b>Suggested Donation</b> <b>\$3.00 per meal</b></p> 

Daily reduced carb menu including dessert are based on choosing only the first ♥ entrée. (600-850 calories, or 5-8 carbohydrate exchanges)

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